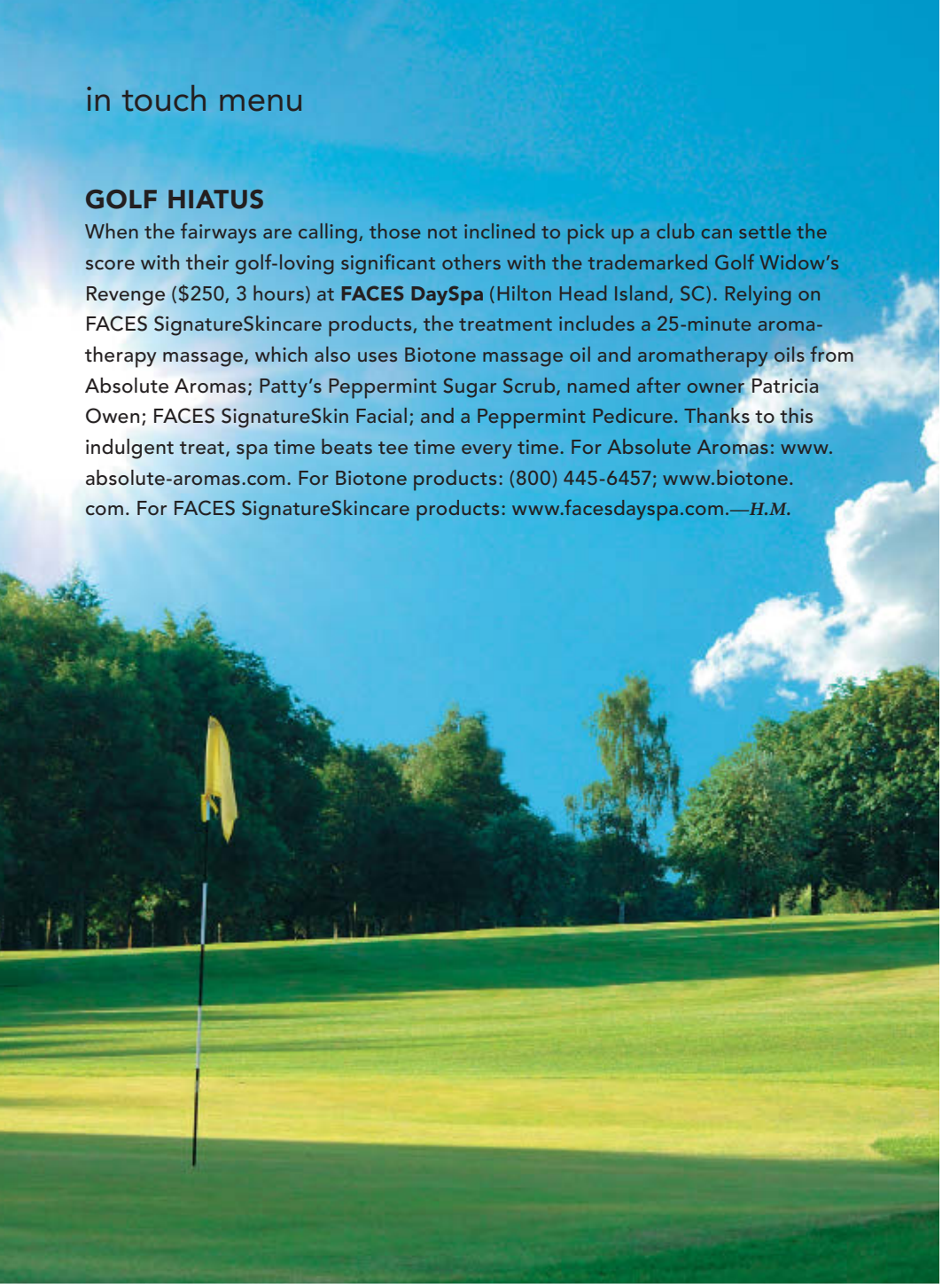
GOLF HIATUS

When the fairways are calling, those not inclined to pick up a club can settle the score with their golf-loving significant others with the trademarked Golf Widow's Revenge ($250, 3 hours) at **FACES DaySpa** (Hilton Head Island, SC). Relying on FACES SignatureSkincare products, the treatment includes a 25-minute aromatherapy massage, which also uses Biotone massage oil and aromatherapy oils from Absolute Aromas; Patty's Peppermint Sugar Scrub, named after owner Patricia Owen; FACES SignatureSkin Facial; and a Peppermint Pedicure. Thanks to this indulgent treat, spa time beats tee time every time. For Absolute Aromas: www.absolute-aromas.com. For Biotone products: (800) 445-6457; www.biotone.com. For FACES SignatureSkincare products: www.facesdayspa.com.—*H.M.*



Color Me Empowered

For guests who want to stimulate their base chakras and become more assertive, **Garden Spa** at Hermitage Bay (St. John's, Antigua) is offering Red Empowerment ($240, 2 hours), just one of seven color therapy rituals that relies on the German-based Dorissima product line. Performed in the spa's color therapy rooms, the treatment involves a dry body brushing to help increase circulation and a hot stone massage using an oil infused with essences of neroli, rose, and tangerine. It concludes with a wrap, a foot massage, and a cup of honey tea. Guests may not be seeing red after this healing ritual, but they will certainly be energized. For Dorissima products: www.dorissima.com.—*H.M.*

OCEAN MOTION

Winter-weary Minneapolis spa-goers looking for an ocean-inspired escape can set sail for seaworthy wellness with the Ocean Memory Body Treatment ($225, 75 minutes) at **Ivy Spa Club**. Using marine products from Thalgo, the treatment begins with a slathering of three varieties of algae, which exfoliate the skin while working to reduce stress and fatigue. Next comes a soak in a bath full of effervescent minerals and pink and green algae, followed by a 50-minute massage that incorporates the movements of the sea. The ocean journey concludes with a dollop of hydrating Algae Mousse to replenish and restore balance to the body. For Thalgo products: (954) 525-8010; www.thalgo.com.—*J.K.*

Guests at Ivy Spa Club can enjoy an ocean-inspired escape.

PHOTOGRAPHY: FOTOLIA (GOLF)